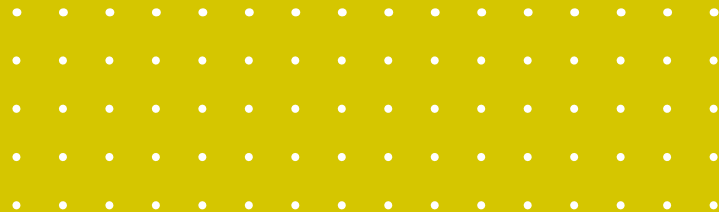




YMCA OF GREATER TULSA

# YOU ARE THEIR STRENGTH.

2010 STRONG KIDS CAMPAIGN





When you make a donation to the YMCA of Greater Tulsa's Strong Kids Campaign, you're giving more than money.

You're giving opportunity to area children and their families that they simply cannot give themselves. Opportunity to strengthen their spirit, mind and body in the community-centered way that is unique to the YMCA.

Summer camps. Youth sports programs. After-school care. Youth leadership. These and many other important programs are funded by our Strong Kids Campaign.

Last year we provided more than \$1.2 million in direct assistance to children and families. Every donation to the YMCA, no matter what size, makes a difference in a child's success, a family's strength, and our community's overall health.



# STRENGTH *in* NUMBERS

Our 2010 goal of \$500,000 will ensure that area children and families are able to participate in programs that help them grow in spirit, mind and body. Here is what your gift can do.

**YOUR GIFT OF \$10 PER MONTH** provides swim lessons and safety programs for 30 children in our community, helping them build self-confidence.

**YOUR GIFT OF \$35 PER MONTH** makes it possible for a child to attend summer camp to experience activities such as canoeing, horseback riding and fishing, guided by caring, supportive role models.

**YOUR GIFT OF \$50 PER MONTH** enables a team of children to learn skills, sportsmanship and teamwork through participation in YMCA youth sports programs.

**YOUR GIFT OF \$100 PER MONTH** enables one child to attend a YMCA after-school program for one year, providing a safe place with caring mentors and peace of mind for working parents.

**YOUR GIFT OF \$250 PER MONTH** expands the horizons of 50 students through our Rights of Passage and Minority Achievers programs.

Donating is easy, and the easiest way is to simply visit the YMCA of Greater Tulsa website ([www.ymcatulsa.org](http://www.ymcatulsa.org)) and click on "Supporting The YMCA." You may also donate in person at any YMCA branch or mail payment to our Metropolitan Office (address on back).

*A Place for* **HEALING**

Last summer, Jamar and Karyn traveled with their parents to Tulsa from Florida so their father could receive cancer treatment. While here they visited the Westside YMCA and their mother found it to be the perfect place to get her children's minds off their father's illness. Not long after returning to Florida the cancer returned, requiring a permanent move to Tulsa. Jamar and Karyn were welcomed back with open arms to the Westside Y, which continues to be a great refuge for them while their father heals.



# ONE ANOTHER

*Strong Kid Leads to*

For a young man, Brandon has an appreciation for things far beyond his years. He already understands, for example, the importance of giving back and sharing one's good fortune. It wasn't long ago that he and his brother were in need of some good fortune themselves, which they found in the form of the Westside YMCA After School Care program. When Brandon heard about the Strong Kids Campaign, he asked a Westside Y teacher about it and decided to donate his daily gum money to the cause. This inspired his classmates to follow suit, and soon the class had collected more than \$50 to support the campaign. Now Brandon is a regular campaigner, soliciting donations from individuals and local organizations. Brandon is a rare example of the success of the Strong Kids Campaign because he is both a beneficiary and benefactor.



*Reshaping One Boy's*

# FUTURE

Weighing 240 pounds is okay if you're an NFL linebacker, but not when you're a fourth-grade student. This was Larry's condition when his grandmother, desperate to turn her grandson's life around, enrolled him in the YMCA GO program at Roy Clark Elementary. When Larry began the program, he could barely participate in any of the GO Club games. He had trouble even walking, and he vented his frustration by lashing out at his teachers and other students. But he stuck with it, slowly but surely making progress, shedding his bad attitude with the pounds he lost. Then one day something happened that was both amusing and poignant: Larry was running so hard and having so much fun that he literally ran right out of his pants. But he kept on running and kept on laughing because it was then that he and his teachers fully realized how far this brave young man had come.





Y M C A O F G R E A T E R T U L S A

**R.C. DICKENSON FAMILY YMCA**

8501 S. Garnett Rd.  
(918) 872-9622

**OWASSO FAMILY YMCA**

8300 N. Owasso Expy.  
(918) 272-9622

**CAMP TAKATOKA**

5400 S. Olympia Ave.  
(918) 447-9622

**DOWNTOWN YMCA**

418 S. Main St.  
(918) 583-9622

**SOUTH NEIGHBORHOOD YMCA**

10031 S. Yale Ave., Suite 105  
(918) 518-5940

**WESTSIDE YMCA**

5400 S. Olympia Ave.  
(918) 446-1424

**W.L. HUTCHERSON FAMILY YMCA**

1120 E. Pine St.  
(918) 382-9622

**THORNTON FAMILY YMCA**

5002 S. Fulton Ave.  
(918) 280-9622

**METROPOLITAN OFFICE**

420 S. Main St., Suite 200  
(918) 747-9622

T H A N K S T O O U R 1 0 0 - Y E A R S P O N S O R S :



**MISSION** *To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.*