



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY FUNDAY! PLAY & LEARN OPEN! NEW CLASS!

NEW PLAY & LEARN HOURS AND CLASS TO MEET YOUR NEEDS! DAILY FAMILY YMCA

Beginning Sunday, April 14th, Play & Learn will be open from 1:30-4:00 pm at the Daily Family YMCA. We also will be launching a new class, SHiNE™ Dance. SHiNE™ Dance is a fitness class for people of all ages and abilities. The beauty of dance is that you are able to adjust the intensity by modifying the moves to fit your body's needs. The room is filled with people that are there to help support and inspire you!

WHEN: Sundays, Beginning April 14th

SHiNE™ Dance—1:30-2:25 pm in the Fitness Studio

Location: DAILY FAMILY YMCA
7910 E. 134th St. So
Bixby, OK 74008

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